

Your IMPACT

AUTUMN 2025

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MCM AND QUANTUM JOIN FORCES TO EXPAND SUPPORT ACROSS VICTORIA

Quantum Support Services officially joined the MCM Group in February, creating an exciting partnership that strengthens both organisations' ability to support vulnerable Victorians. This collaboration builds on a year of working together and shared values, aiming to deliver an even greater impact for the communities we serve.

Quantum, a trusted provider in Gippsland for over 30 years, specialises in family violence, foster care, homelessness, and family support. By joining MCM Group, Quantum will retain its local leadership under CEO Natalie McDonald and continue delivering vital services in

Gippsland while gaining access to MCM's expertise in housing, education, and youth support.

The partnership will enhance regional advocacy, expand youth housing in Gippsland, and foster knowledge sharing through a collaborative growth program. MCM and Quantum are poised to deliver more innovative, high-quality services to empower even more vulnerable Victorians.

Learn more about this partnership news on our website.

mcm.org.au/news/mcm-group-to-welcome-quantum-support-services

A Message From Our CEO

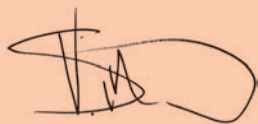
I want to take a moment to reflect on the incredible impact we are making together. This edition of our newsletter is filled with inspiring stories of transformation, collaboration, and hope—all made possible by your generosity and support.

In February, we welcomed Quantum Support Services to MCM, expanding our reach across Victoria to support those facing homelessness and family violence. In Werribee, the Youth Housing Initiative (YHI) is now providing safe, stable housing for young people, and we have also opened a new Hester Hornbrook campus for 210 students.

Join us in May for Sleep at the 'G to help raise awareness and funds to tackle homelessness and ensure more young people have access to safe housing and the support they need to thrive.

Thank you for standing with us to create lasting change. I hope you find inspiration in this edition and continue to walk alongside us on this journey.

Warm regards,



Vicki Sutton
CEO, MCM



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Building independence through living skills

MCM's Living Skills program at Frontyard equips young people with the essential skills they need to live independently.

Designed for young people aged 16 to 24, the program provides tailored, hands-on training in key areas such as budgeting, cooking nutritious meals, maintaining personal hygiene, effective communication, and building healthy relationships. It also helps young people navigate income support services and secure stable housing.

With your support, participants gain the confidence and practical skills to break the cycle of homelessness and create a stable, independent future through referrals from a social worker at Frontyard by calling **9977 0077**.

Thank you for making this life-changing program possible.



New Werribee Campus opens: Changing lives in the west



Hester Hornbrook Academy has officially opened its brand-new Werribee campus, offering 210 students a fresh start in education.

Designed for young people aged 15–25 who have faced trauma or mental health challenges, the campus provides a flexible and supportive learning environment.

Students learn best when they feel safe, respected, and heard. With small class sizes and a wellbeing-first approach, Hester

Hornbrook empowers students to re-engage with their education and build brighter futures.

Thanks to the generosity of our donors, we can provide essential support—food, clothing, transport, and medical assistance—to students in crisis. Your support changes lives.

Transforming education through innovation and partnership

For some students at Hester Hornbrook Academy, social anxiety makes attending school an overwhelming challenge. A groundbreaking solution on the horizon.

The HOPE Hybrid Classroom Program, which will launch at our new Exhibition Street campus in 2025, is currently in its test-and-learn phase. This innovative model blends online and in-person learning, supported by a multidisciplinary team, to help students build confidence and reduce anxiety.

This holistic approach offers:

- supportive outreach and out-of-campus visits
- individualised learning plans and one-on-one support
- laptops, internet access, and transport assistance
- an understanding community fostering social connections.



This pilot program aims to benefit 88 students at Hester Hornbrook Academy, empowering young people to thrive through flexible, healing-oriented education.

Sincere thanks to our philanthropic partner, The Ross Trust.



Donate to Hester Hornbrook Academy please scan the QR code or go to mcm.org.au/empowered



MCM CEO Vicki Sutton, Tara, The Hon. Harriet Shing, Tim Pallas and Philanthropist and MCM Housing Board Member Kylie Heine celebrate the launch of the Youth Housing Initiative at the new MCM Housing property in Werribee.

A fresh start in Werribee

In December, MCM opened a new housing project and launched the Youth Housing Initiative (YHI) in Werribee. YHI offers safe, supportive housing for young people aged 18-24 who have experienced homelessness. With up to four years of supported living, YHI provides therapeutic care, personal development coaching, and pathways to education and employment.

Thanks to the State Government, philanthropists and our generous donors, this property gives ten young people the stable foundation they need to thrive. As CEO Vicki Sutton said, “Every young person deserves a safe place to call home.”



The impact is clear. Tara shared, “Every young person deserves a safe place to call home. YHI delivers the long-term support they need to thrive and create a positive future.”

YHI is transforming lives, proving that stable housing and tailored care create brighter futures. We need your support to build more homes for Victorian young people; please contact MCM at **1300 364 507** if you would like to get involved with YHI.

Finding strength and stability through YHI

At just 20, Sarah had faced more hardship than most endure in a lifetime, including family violence and homelessness. Before joining MCM’s YHI, she juggled a job while living in unstable refuges, struggling with mental health challenges and an unsafe relationship.

YHI gave Sarah the support she needed: therapeutic care, Dialectical Behaviour Therapy, and eventually, a quiet, single-occupancy home in Werribee. Slowly, her mental health stabilised, and she began rebuilding her life.

Sarah’s journey is one of resilience and hope. *Read her full story in our Annual Report.* Visit mcm.org.au/annualreport-2324



Walking through grief together

Since March 2022, our 'Moving Through Loss' bereavement walking group has provided a safe and supportive space for those grieving a loved one.

To reduce isolation and foster healing, the group offers participants the chance to walk along Merri Creek to the CERES community garden, where they share a cup of coffee and connect with others who truly understand.

Thanks to your generous donations, the cost of a cuppa is covered, easing stress during a challenging time, allowing participants to focus on healing. Your support eases their burden and helps normalise their grief. To join, participants must have had a loved one in our Palliative Care program and can register by calling **03 9977 0026**.

Thank you for making a difference in the lives of those navigating loss.



Leave a lasting gift

Have you considered leaving a Gift in your Will?

Your gift can make a lasting difference. By including MCM in your Will, you will ensure that future generations can benefit from life-changing programs that provide support, opportunity, and hope to vulnerable individuals in our community.

Please contact our donation team on **1300 364 507** or email **donation@mcm.org.au** for further information or scan the QR code or visit our website **mcm.org.au/bequest**





Empowering Creativity: The impact of ARTPLAY

The ARTPLAY workshops, in collaboration with Transform, provided young artists with an experience that boosted their confidence, well-being, and creative potential.

- **Before the workshop:** Participants shared their struggles with confidence and motivation and compared their art to others. They hoped to build confidence, enjoy the process, and explore new creative methods.
- **After the workshop:** Participants felt more confident and supported, calling it a “safe space.” Many were inspired to try new techniques like watercolour, charcoal, and digital art.

Your generosity makes programs like ARTPLAY possible. By investing in these young artists, you provide them with the tools, space, and support they need to thrive—proving that art truly has the power to heal and inspire.

Thank you for making such a meaningful difference!

Empowering what is possible

We are delighted to share our 2024 Annual Report with you. With your help and generous donations MCM took significant strides in supporting thousands of vulnerable Victorians. Read all about your impact and our work .

Download the 2023/2024 Annual and Financial Report from mcm.org.au/annualreport-2324 and read the impact your donation made on all the MCM services in 2023/2024.



Welcome to our newest key partner: B&D Garage Doors

We're thrilled to welcome B&D Garage Doors as a key partner of MCM. With over 60 years of leadership in designing and manufacturing garage doors, B&D is bringing their passion for protecting what matters most to support MCM's Frontyard Crisis Accommodation Program.

Frontyard provides vital services to young people experiencing or at risk of homelessness, addressing immediate needs while fostering long-term stability and well-being.

Quote from Murray Allen, GM of B&D Group:

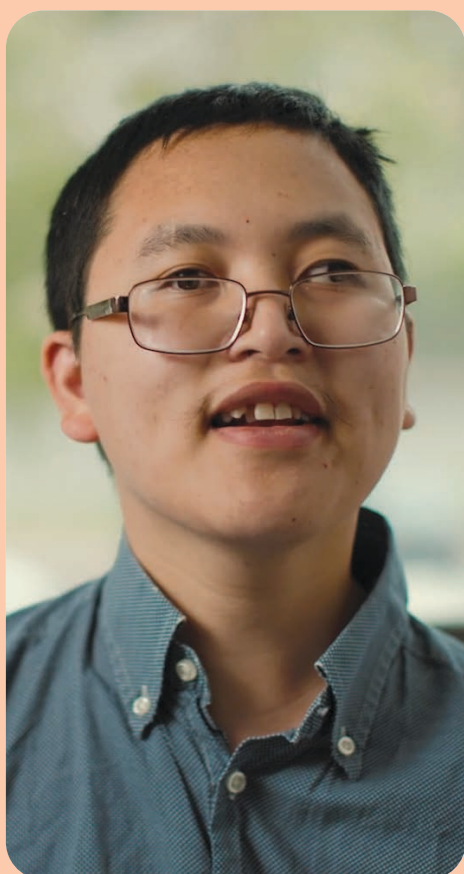
"The whole team at B&D feel a deep connection with their community and we wanted B&D to stand for more than making garage doors. Our partnership with MCM will mean that we can make a real difference in the lives of young people who find themselves without the safety and security most of us take for granted. Now every door we make to secure a home, helps create shelter for someone who has none. We are grateful to MCM for this opportunity."

Thank you, B&D Garage Doors, for joining us in making a meaningful difference for young people in our community!



Murray Allen, B & D General Manager, Renae Johnston - MCM Philanthropy, Partnerships and Brand General Manager and Miranda Harmon - B&D Business Support Manager.

If you are interested in exploring a partnership with MCM call **1300 364 507** today.



Sam's journey of growth

As an MCM Disability Specialist Support Coordinator, Frank has supported NDIS participant Sam on his path to independence for nearly five years.

When they first met, Sam lived in a highly restrictive environment, unable to fully engage with his community, connecting Sam with the right supports, from health and education services to specialist care.

Through perseverance and a dedicated care team, Sam's life transformed. Last year, he moved into his own Specialist Disability Accommodation (SDA) home, gaining stability and the chance to develop essential life skills. Today, he's thriving, learning to cook, grocery shop, and use public transport.

"Seeing Sam gain confidence and independence is incredibly rewarding," Frank shares. Sam's journey is a testament to the power of quality support coordination—helping individuals achieve their goals and change their lives.

Discover more about MCM's Disability Services on our website. mcm.org.au/services/disability-and-ndis/support-coordination



Rosanna Golf Club: 30 years of support for Kalparrin House

For three decades, Rosanna Golf Club's Women's Charity Golf Day has raised vital funds for Kalparrin House, MCM's Early Childhood Intervention Service in Greensborough.

This year's milestone event saw 124 golfers come together, raising over \$11,000 to support children and families in need. Women's President Nikki Ramsay celebrated the event's lasting impact on the community.

Thank you, Rosanna Golf Club, for 30 years of unwavering support—changing lives and inspiring hope.



Dru Mills, MCM Head of Corporate and Community and Nikki Ramsay, President Rosanna Golf Club and Organising Committee

Sleep at the 'G is back in 2025!

Join us on Thursday, 15 May 2025, for an unforgettable night at the MCG to help end youth homelessness in Victoria. Last year, with incredible community support, we raised over \$800,000—this year, we aim even higher!

Gather your Sleep at the 'G Dream Team and raise funds for MCM's Youth Housing Initiative (YHI), which provides safe housing and essential support for young people aged 18-24 who have experienced homelessness.

Experience an eye-opening night with inspiring stories, live entertainment, interactive activities, and meaningful conversations that will change your perspective on youth homelessness.

Where: MCG, Richmond

When: Thursday, 15 May 2025

Cost: \$75 adults | \$25 (ages 15-17)


Every dollar raised creates safe, supportive homes for young people.

Register now at sleepattheg.com.au



Thank you for keeping our communities strong, and helping Victorians when they need it most.

 To donate online, visit mcm.org.au/givethisautumn or scan here:

 To make a donation over the phone, call **1300 364 507**



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mcm.org.au

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MCM places people at the centre of what we do



We acknowledge the Traditional Owners of the waterways and lands where we work. We pay our respects to Elders past and present.



We commit to ensuring everyone we work with is safe, empowered, supported, and respected, especially children and young people. We support and celebrate diversity of race, culture, ability, gender, sexuality, and gender identity.